

CURRICULUM VITAE

**PROFESSOR
DR. SAIMA PARVEEN
MBBS, MCPS, FCPS**

**DIVISIONAL HEADQUATER HOSPITAL
MBBS MEDICAL COLLEGE
MIRPUR AJK, PAKISTAN**

EDUCATION AL QUALIFICATION

MBBS 1996 University of the Punjab, Fatima Jinnah Medical College, Lahore, Pakistan
MCPS 2005 College of Physicians and Surgeons Pakistan
FCPS 2008 College of Physicians and Surgeons Pakistan

CURRENT EMPLOYMENT

Professor of Obstetrics & Gynaecology and Consultant Gynaecologist / **Head of Department Gynae & Obs MBBS Medical College** / Divisional Headquarter Hospital Mirpur AJK, Pakistan

Supervisor of FCPS Part II Training

PREVIOUS EMPLOYMENT

Dates	Status	Hospital / Location
1997-1998	House job (Gynae & Obs)	Federal Government Services Hospital Islamabad
Jan 2002 Oct 2006	Post Graduate Training FCPS (Gynae & Obs)	Holy Family Hospital Rawalpindi
Sep 2005 May 2006	Post Graduate Training FCPS (Radiology)	Holy family Hospital Rawalpindi
Oct 2009 Oct 2011	Senior Registrar	Baqai Medical University Karachi
Dec 2011 Dec 2015	Assistant professor	MBBS Medical College Mirpur AJK
Dec 2015 Dec 2019	Associate Professor	MBBS Medical College Mirpur AJK
Dec 2019 to date	Professor	MBBS Medical College Mirpur AJK

MEDICAL REGISTRATION

Fully Registered with Pakistan Medical & Dental Council, Islamabad (Reg No: 1241 AJK)

MBBS Punjab University Lahore Pakistan 1996

MCPS (Obstetrics & Gynaecology) CPSP 2005

FCPS (Obstetrics & Gynaecology) CPSP 2008

FACULTY REGISTRATION PMDC Faculty Registration No 4841/1241/-AJK/M

Examiner Rawalpindi Medical university

Examiner AJK Medical College Muzaffarabad

Examiner Poonch Medical College Rawalakot.

Examiner for FCPS II at CPSP Islamabad.

Examiner for IMM at CPSP Islamabad.

Paper Checker/Paper Setter in UHS Lahore

COURSES/ WORKSHOPS/ CONFERENCES:

- Workshop on “**surgical skills**” in collaboration with CPSP Karachi and WHO April 2003
- Workshop on “ **Communication skills**” in collaboration with CPSP Karachi and WHO June 2003
- Workshop on “**Research methodology, Biostatistics and dissertation writing**” in collaboration with CPSP Karachi and WHO Aug 2003
- Workshop on “**Computer and internet**” in collaboration with CPSP and WHO Sep 2003
- Attended “**National Workshop On Thalassaemia**” at Hotel Pearl Continental Rawalpindi Pakistan Dec 2003
- Attended “**Writing Scientific Articles For Medical Journals**” held on with collaboration of Higher Education Commission of Pakistan. Dec 2004
- Attended “**11th Annual Cancer Conference**” held in Islamabad Pakistan. Dec 2004
- “**National Seminar on Gynae-Urology & Workshop on Urodynamics**” At Ayub Auditorium, Army Medical College Rawalpindi. Feb 2005
- CME workshop on “**Deep Venous Thrombosis and its management**” conducted by Deptt of Surgery Holy Family hospital Islamabad. July 2005
- Attended “**National Disaster Conference** ” held in collaboration with Association of Pakistani Physicians of north America(APPNA) Dec 2005
- Attended the Second Annual Post Graduate Course For FCPS-II ,Obs / Gyane held at Holy Family Hospital ,Rawalpindi. May2006
- Attended “**6th Liaquat National Hospital Symposium**” held at Liaquat National Hospital & Medical College Karachi. Dec 2009
- Attended “**Interactive Article Writing Workshop**” at PAF Hospital Faisal Karachi. April 2010

- Attended **“Hepatitis A Preventable Disease”** at Army Public School Auditorium & Organized by Combined Military Hospital Malir Cantt Karachi. June 2010
- Attended **“Pediatric Education Program”** at Baqai Medical University, Karachi. Sep 2010
- Attended **“PBL Facilitation Skills Workshop”** at MBBS Medical College Mirpur AJK. June 2012
- Attended **“Curriculum Development Workshop”** at MBBS Medical College Mirpur, AJK April 2012
- Attended **“1st Medical Conference”** held at MBBS Medical College Mirpur, AJK. Mar 2013
- Attended **“1st Annual Symposium”** at Azad Jammu & Kashmir Medical College Muzaffarabad April 2013
- Attended **“CRAFT Fertility & Virility Conference”** held in Lahore Pakistan with association European Accreditation Council for Continuing Medical Education. May 2014
- Participated Training of Trainers on **“pregnancy, Childbirth, Post-Partum and Newborn Care”** (PCPNC) held at PIMS Islamabad. Dec 2014
- Attended **“Integrated Curriculum”** at MBBS Medical College Mirpur AJ & K with collaboration with University of Health Sciences Lahore. Mar 2015
- Participated Training of **“Advance Surgical Skill”** Annual scientific symposium held at Mohtarma Benazir Bhutto Shaheed Medical College Mirpur In collaboration with UHS Lahore April 2015
- Attended **“On Annual Scientific Symposium 2015”** at MBBS Medical College Mirpur AJK in collaboration with university of health Sciences Lahore April 2015
- Participated **“As a Presenter of workshop Annual Scientific Symposium 2015”** at MBBS Medical College Mirpur AJK in collaboration with university of health Sciences Lahore April 2015
- Certificate of Attendance **“The Workshop on Guidelines for Writing Multiple Choice Questions”** Held at MBBS Medical College Mirpur AJK Nov 2015
- Attended **“16th Biennial international Scientific conference** Society of Obstetricians & Gynaecologist of Pakistan on **“Improving woman health - Lets,s Join Hands”** held at Pearl Continental Hotel Lahore As a Delegate. March 2016
- Certificate of Attendance **“Surgeon General’s International Conference 2016”** The challenge of Medical Response in Emergency Situations held at Army Medical College, Rawalpindi. April 2016
- Certificate of Participation **“National Urogynaecological Conference”** with collaboration of Pakistan Urogynecologist Association (PUGA) and Regional Fistula Centre, MCH, PIMS. Shaheed Zulfiqar Ali Bhutto Medical University & MCH Centre, PIMS Islamabad. April 2016
- Certificate of Participation **“Medical Education Challenges of the 21st Century”** at MBBS Medical College Mirpur AJK. May 2016
- Certificate of Participation **“Diagnostic Laproscopic & Hysteroscopy”** at Shaheed Zulfiqar Ali Bhutto Medical University, Pakistan Institute of Medical sciences Islamabad. Dec 2016
- Certificate of Participation 01 day Training of Health care providers in **“Helping the babies Breath”** (HBB) at state college of Nursing Mirpur AJK. Jointly Organized by AJK Health Dept & Unicef. Dec 2016
- Certificate of Participation 07 days course for Health care provider on pregnancy , **child birth post partum & New born care (PCPNC)** at state college of Nursing Mirpur AJK. Jointly organized by AJK health Dept & Who. May 2017
- Certificate of Participation “ Attended biosafety awareness workshops held at DHQ Hospital Mirpur AJK. Sept 2017
- Attended **“17th Biennial international Scientific conference** Society of Obstetricians & Gynaecologist of Pakistan on **“Women’s health is at the heart of national developement”** held at Pearl Continental Hotel Karachi As a Delegate. Feb 2018

- Attended “ SOGP 2019 International Scientific conference” **Healthy Mother Build Healthy Nation** held at Lahore. April 2019

PAPER PRESENTATION IN SCIENTIFIC SYMPOSIUM:

- Presented “Research paper on “**An unusual case of ruptured uterus**” in the 1st Annual Symposium held at Mohtarma Benazir Bhutto Shaheed Medical College Mirpur AJK Mar 2013
- Presented “Research paper on **Frequency of scarred uterus in placenta praevia**” in the 1st Annual Symposium held at Azad Jammu & Kashmir Medical College Muzaffarabad April 2013
- Presented “Research paper on **Pattern of lesion in Hysterectomy Specimens and Clinical Correlation**, Annual scientific symposium-2015 held at Mohtarma Benazir Bhutto Shaheed Medical College Mirpur In collaboration with UHS Lahore April 2015
- Presented Research paper on **Frequency of intrahepatic cholestasis of pregnancy in Punjab Pakistan**” Annual scientific symposium-2016 held at Mohtarma Benazir Bhutto Shaheed Medical College Mirpur AJK. Mar 2016
- Presented Research paper on “**Pattern of lesion in Hysterectomy Specimens and Clinical Correlation**” in SOGP 2019 International Scientific conference **Healthy Mother Build Healthy Nation** held at Lahore April 2019

Research Articles / Publication:

- Frequency of “**scarred uterus in placenta praevia**” published in Professional Med J May-June 2012; 19(3):304-307.
- An “**Audit of Gynaecological Hysterectomy in Tertiary care Hospital**” published in Professional Med J 2014; 21(3):432-35.
- “**Pattern of lesion in Hysterectomy Specimens and Clinical Correlation**” published in PJMHS 2014; 8:465-468.
- **Abnormal “Cardiotocography;Perinatal Outcome**” Published in Professional Med J 2014;21(6):1087-1091.
- “**Renal Colic Patient;Comparison Of Un-Enhanced Helical Computed Tomography,Intravenous Urography And Ultrasound + Plain X-Ray**” Published in Professional Med J 2015;22(1):040-048.
- “**Osteoporosis in women**” Published in Journal of Surgery Pakistan (International) April - June 2015; 20 (2): 52-55.
- “**Near Missed Obstetric events as a reflection of Quality maternal Health care**” published in Pak Armed Forces Med J 2016; 66(1):98-103
- “**Frequency of intrahepatic cholestasis of pregnancy in Punjab Pakistan**”, A. Single centre study. published in j pak Med Assoc 2016; 66(2):203-206
- “**Trends of utilization of Family Planning Methods at Divisional Headquarter Hospital Mirpur AJ&K**”Published in ANNALS of King Edward Medical University Lahore 2017;483-486
- “**Role of Membrane Sweeping for Prevention of Post-term pregnancy**” Med,Forum, Vol.28.No12.2017;44-47
- “**Clinicopathological Study of Patients presenting with Adenaxal Msasses**”Journal of Rawalpindi Medical College;2019:23:89-92
- **Frequency of Wound infection & Common factors leading it among patients undergoing cesarean section.** International Journal Pathology. July – Sep 2019 Vol 17 (to 3).
- Role of “**Methotrexate in the management of Ectopic pregnancy**” published in Pak Armed Forces Med J 2016; 66(1):98-103.

Case Reports:

- Case Report Of An **unusual case of ruptured uterus** published in Pak Armed Forces Med J 2012; 62(4):623-4.
- Case Report Of A **vesicovaginal fistula, a complication of obstructed labour** published in Professional Med J 2013; 20(5):852-854.
- Case Report of **An Ovarian Hyperstimulation Syndrome** published in Professional Med J 2014; 21(3):580-582.
- Case Report of **An Unusal case of Isolated Bilateral Zygomatic Arch Fracture** published in Professional Med J 2014; 21(4):820-823.
- **Gorlin Goltz Syndrome** Journal of the College of Physicians and Surgeons Pakistan 2014, Vol. 24 (Special Supplement 3): S171-S173

MANDATORY SUPERVISORY WORKSHOPS:

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| • Workshop on “ Education Planning and Evaluation ” at CPSP Karachi | May 2010 |
| • Workshop on “ Supervisory Skills ” at CPSP Karachi | June 2010 |
| • Workshop on “ Assessment of Competence ” at CPSP Karachi | Nov 2010 |
| • Workshop on “ Research Methodology, Biostatistics and Medical writing ” at CPSP Karachi | Dec 2010 |
| • Workshop on “ Advance Trauma Life Support(ATLS) ” at CPSP Regional Centre Islamabad | Nov 2013 |
| • Workshop on “ Advance Life Support Obstetrics (ALSO) ” at CPSP Regional Centre Lahore | Oct 2016 |

REFERENCES

Professor Dr Rizwana Chaudhri Consultant Gynaecologist / HOD of Gynae & Obs Holy Family Hospital Rawalpindi

Professor Dr Azra Sultana Consultant Gynaecologist / HOD of Gynae & Obs at Baqai Medical University Karachi